



## **Pain Abdomen Questionnaire**

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1. Do you have generalized abdominal discomfort or pain (pain that is difficult to pinpoint)?
  - a) Never / don't know
  - b) Occasional moderate discomfort
  - c) Frequent moderate discomfort
  - d) Occasional severe pain
  - e) Frequent severe pain
  
2. Do you have pain or discomfort in the upper abdominal (stomach) area, below the breastbone?
  - a) Don't know
  - b) No
  - c) Occasionally / mild
  - d) Several times a week / moderate
  - e) Frequently / severe
  
3. Do you have pain at the right side of your abdomen, between the bottom rib and the hip?
  - a) Never / don't know
  - b) Occasional moderate discomfort
  - c) Frequent moderate discomfort
  - d) Occasional severe pain
  - e) Frequent severe pain
  
4. Do you have pain at the left side of your abdomen, between the bottom rib and the hip?
  - a) Never / don't know
  - b) Occasional moderate discomfort
  - c) Frequent moderate discomfort
  - d) Occasional severe pain
  - e) Frequent severe pain

**(Enlarged spleen)**

5. Have you noticed pressure or 'fullness' under your lower left rib cage, which is painless or slightly tender? Do not answer this question if there is definite pain in this area.

- a) Don't know / there is definite pain
- b) No
- c) Yes, slight pressure
- d) Yes, definite pressure

6. Do you have pain at the lower front of your abdomen?

- a) Never / don't know
- b) Occasional moderate discomfort
- c) Frequent moderate discomfort
- d) Occasional severe pain
- e) Frequent severe pain

7. Do you have a dull, constant ache on either or both sides of your lower abdomen near the pelvis, but above the genital area?

- a) Don't know
- b) No
- c) Left side only
- d) Right side only
- e) Both sides or in the middle

8. Are you currently experiencing severe pain in the lower abdomen?

- a) Don't know
- b) No
- c) Yes, lower left side only
- d) Yes, lower right side only
- e) Yes, both sides and middle

9. If you are currently experiencing abdominal pain, for how long has this pain been present?

- a) Not applicable / don't know
- b) Less than one week
- c) 1-4 weeks
- d) 1-3 months
- e) Over 3 months

10. When you have abdominal pain, does a bowel movement reduce it?

- a) Not applicable / don't know
- b) No
- c) Moderate improvement

d) Big improvement - the pain disappears

11. Does a large or fatty meal cause upper abdominal pain, perhaps worse at night?

- a) No / don't know
- b) In the past only
- c) Mildly / occasionally
- d) Moderately / often
- e) Seriously / always

12. Have you suffered from heartburn (burning at top of stomach) or gastric reflux?

- a) Don't know
- b) No
- c) Past episode(s) now resolved
- d) Current minor problem
- e) Current major problem

13. Do you have a sense of lower abdominal fullness, NOT caused by abdominal gas?

- a) Don't know
- b) No
- c) Somewhat
- d) Definitely, but not all the time
- e) Definitely, almost always

14. Are you experiencing any abdominal swelling or bloating?

- a) Don't know
- b) No
- c) Yes, slightly noticeable
- d) Yes, very noticeable
- e) Add any additional information here for the questions above: