



PROSTATE QUESTIONARRE

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Please read the questions carefully and mark or circle the right answer. You can email me by highlighting the answer or fax it back to if using pen to circle the right answers.

1. When you want to pass urine, is there a delay before you start?

A) Never

B) Sometimes

C) Usually

2. When you pass urine, do you find your flow stops and starts?

A) Never

B) Sometimes

C) Usually

3. When you think you have finished passing urine, do you find a bit more trickles out, and sometimes stains your underwear?

A) Never

B) Sometimes

C) Usually

4. Has your stream become weaker or thinner in the past year?

A) Not really

B) Yes, a bit

C) Yes, a lot

5. Do you feel your bladder is not quite empty after you have been to pass urine?

A) Never

B) Sometimes

C) Usually

6. How many times do you usually get up in the night to pass urine?

A) Never

B) 1 - 3

C) 4 or more

7. How many times do you go to pass urine in the daytime?

A) Less than 4

B) 5 - 7

C) More than 7

8. When you want to pass urine, do you feel you have to go straight away?

A) Never

B) Sometimes

C) Usually

9. Do you ever pass urine when you don't mean to?

A) Never

B) Sometimes

C) Often

10. Do you ever leaked urine and felt embarrassed?

A) Never

B) Sometimes

C) Often

11. Do you ever see blood in urine?

A) Never

B) Sometimes

C) Often

12. Do you ever get hardness of organ in the morning without the urge of sex?

A) Never

B) Sometimes

C) Most of the time

13. Have you noticed decline in your sex drive in the past?

A) All of sudden

B) Slowly diminishing

C) No change

14. Do you feel lack of interest in sex from the past few years?

A) No change

B) Yes sometimes

C) Always felt like since few years.

11. Do you ever get your PSA test in past years?

A) Yes

If yes (number was)

B) No

Look at your answers to the questionnaire above. If you scored mainly 'A's you have no difficulty passing urine, and nothing to worry about.

If you scored mainly 'B's you have some symptoms of BPH, and should take preventative action to prevent it getting any worse.

If you scored mainly 'C's you have severe symptoms, you should be proactive immediately and explore all possible options.